#### ANAHEIM UNION HIGH SCHOOL DISTRICT

#### 2022/2023

### **Junior High School Intramural Sports Program**

After School Intramural Sports Program

7th and 8th Grade Program: Monday through Friday – 2:30 – 4:30 p.m.

Separate 7th and 8th grade Intramural Sports Programs where numbers allow

District Sports Play-Offs in all sports

#### Season #1

August 22<sup>nd</sup> – October 3<sup>th</sup>

Season #2

October 24<sup>th</sup> – December 19<sup>th</sup>

Season #3

January 9<sup>th</sup> – March 3<sup>rd</sup>

District Cross Country Finals at Brookhurst Park

Thursday, February 23<sup>rd</sup>

Season #4

March 13<sup>th</sup> - May 11<sup>th</sup>

District Track Finals at Handel Stadium

Thursday, 4<sup>th</sup>

Superintendent's Scholar/Athlete Awards

Monday, May 15, 2023

### 2022 / 2023

## Junior High School Intramural Sports Program

<b>Four (4)</b>	Seasons of Sport	s Calendar
Date	Boys Activity	Girls Activity
Season #1		
Aug. 22 - Oct. 13	Flag Football, Tennis	Volleyball
Sept. 26 - Sept. 30	Practice for Tournament	Practice for Tournament
Oct. 3 - Oct. 13	District Tournament	District Tournament
Season #2		
Oct. 24 - Dec. 19	Basketball	Tennis, Soccer
Dec. 5 - Dec. 9	Practice for Tournament	Practice for Tournament
Dec. 12 - Dec. 19	District Tournament	District Tournament
Season #3		
Jan. 9 - Mar. 3	Cross Country	Cross Country
Feb 23 <sup>rd</sup>	District Cross Country Finals	Brookhurst Park
Jan. 9 - Mar. 3	Soccer	Basketball
Feb. 14 - Feb. 21	Practice for Tournament	Practice for Tournament
Feb. 22 - Mar. 3	District Tournament	District Tournament
Season #4		
Mar. 13 – May 11	Volleyball	Softball
April 24 – May 1	Practice for tournament	Practice tournament
May 2 – May 11	District Tournament	District Tournament
Mar. 13 – May 11	Track	Track
May 4 <sup>th</sup>	District Track Finals	Handel Stadium
May 15 <sup>th</sup>	Superintendent's Scholar/Athlete Awards	

#### 2022/2023

#### Junior High School Intramural Sports Program

1st Quarter Season of Sport: Monday, August 22<sup>nd</sup> - Thursday, October 13<sup>th</sup> Sports: Flag Football, Girls' Volleyball, Boys' Tennis

- 1<sup>st</sup> Intramural Directors Meeting: Tuesday, August 9<sup>th</sup> @ 3:30 p.m.
- Intramurals Begin: Monday, August 22<sup>nd</sup>
- Intramurals End: Thursday, September 23<sup>rd</sup>
- Tournament Practice: September 26th September 30th
- District Tournament: October 3<sup>rd</sup> October 13<sup>th</sup>
- Championship Games: Thursday, October 13th

Dead Week: October 17th - October 21st

Intramural Directors Meeting: Tuesday, October 18<sup>th</sup> @ 3:30 p.m.

2<sup>nd</sup> Quarter Season of Sport: Monday, October 24<sup>th</sup> - Monday December 19<sup>th</sup> Sports: Boys' Basketball, Girls' Soccer, Girls' Tennis

- Intramurals Begin: Monday, October 24<sup>th</sup>
- Intramurals End: Friday, December 2<sup>nd</sup>
- Tournament Practice: December 5<sup>th</sup> December 9<sup>th</sup>
- District Tournament: December 12<sup>th</sup> December 19<sup>th</sup>
- Championship Games: Monday, December 19<sup>th</sup>

Dead Week: January 2<sup>nd</sup> - January 6<sup>th</sup>

Intramural Directors Meeting: Tuesday, December 20th @ 3:30 p.m.

3<sup>rd</sup> Quarter Season of Sport: Monday, January 9<sup>th</sup> - Friday, March 3<sup>rd</sup> Sports: Boys' Soccer, Girls' Basketball, Boys' & Girls' Cross Country

- Intramurals Begin: Monday, January 9<sup>th</sup>

- 1<sup>st</sup> Tri Meet: Thursday, February 2<sup>nd</sup>
  2<sup>nd</sup> Tri Meet: Thursday, February 9<sup>th</sup>
  3<sup>rd</sup> Tri Meet: Thursday, February 16<sup>th</sup>
  Intramurals Ends: Friday, February 10<sup>th</sup>
  Tournament Practice: February 14<sup>th</sup> February 21<sup>st</sup> (No Practice will be held on February 23<sup>rd</sup> due to District Cross Country Finals)
- District Cross Country Finals: Thursday, February 23rd
- District Tournament: February 22<sup>nd</sup>- March 3<sup>rd</sup> Championships: Friday, March 3<sup>rd</sup>

Dead Week: March 6<sup>th</sup> - March 10<sup>th</sup>

Intramural Directors Meeting: Tuesday, March 7<sup>th</sup> @ 3:30 p.m.

#### ANAHEIM UNION HIGH SCHOOL DISTRICT

#### 2022/2023

#### **Junior High School Intramural Sports Program**

4<sup>th</sup> Quarter Season of Sports: Monday, March 13<sup>th</sup> – Tuesday, May 11<sup>th</sup> Sports: Boys' Volleyball, Girls' Softball, Boys' & Girls' Track

- Intramurals begin: Monday, March 13th

- Intramurals end: Friday, April 21<sup>st</sup> 1<sup>st</sup> Track Meet: Thursday, April 13<sup>th</sup> 2<sup>nd</sup> Track Meet: Thursday, April 20<sup>st</sup>
- 3<sup>rd</sup> Track Meet: Wednesday, April 26<sup>th</sup>
- Track Seed Meeting: Thursday, April 27th
- District Track Championships: Thursday, May 4<sup>th</sup> (No Practice will be held on May 4th due to District Track Finals)
- Tournament Practice: April 24th May 1st
- District Tournament: May 2<sup>nd</sup>-May 11<sup>th</sup>
- Championships: Thursday, May 11<sup>th</sup>

Intramural Directors Meeting: Tuesday, May 16th @ 3:30 p.m.

Superintendent's Scholar/Athlete Awards Night Monday, May 15, 2023 @ 5:00 pm

## SEASON #1

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### FLAG FOOTBALL, BOYS' TENNIS & GIRLS' VOLLEYBALL

	Intramurals Begin	.August 22, 2022
>	Intramurals End	.September 23, 2022
>	Tournament Practice	.September 26 <sup>th</sup> – September 30 <sup>th</sup>
>	District Tournament	October 3 <sup>rd</sup> – October 13 <sup>th</sup>
>	Championship Games	Thursday, October 13 <sup>th</sup>
	Dead Week	October 17th - October 21st

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#### BOYS' FOOTBALL /GIRLS' VOLLEYBALL /BOYS'TENNIS

#### (FIRST SEASON OF SPORT TOURNAMENT SCHEDULE)

OCTOBER 3, 2022 - OCTOBER 3, 2022

MON OCTOBER 3	<b>TUES OCTOBER 4</b>	WED OCTOBER 5	THURS OCTOBER 6	<b>TUES OCTOBER 11</b>
LEX = BYE	OX = BYE	OV = BYE	SYC = BYE	BRK = BYE
SYC (H) VS BRK	SYC (H) VS OV	LEX (H) VS SYC	BRK (H) VS OV	OX(H) VS SYC
OV (H) VS OX	BRK (H) VS LEX	OX (H) VS BRK	LEX (H) VS OX	OV (H) VS LEX
WLKR (H) VS SOU	( )	WLKR (H) VS BALL		DALE (H) VS WLKR
BALL (H) VS DALE		SOU (H) VS DALE		SOU (H) VS BALL

THURS OCTOBER 13
HOST SITES: BALL, WALKER, SOUTH & DALE

~ CHAMPIONSHIP/2<sup>nd</sup> ~

LOCATION: TBA

~ 3<sup>RD</sup> PLACE ~

## SEASON #2

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### **BOYS' BASKETBALL, GIRLS' TENNIS & GIRLS' SOCCER**

	Intramurals Begin	Monday, October 24 <sup>th</sup>
>	Intramurals End	Friday, December 2 <sup>nd</sup>
	Tournament Practice	December 5 <sup>th</sup> – December 9 <sup>th</sup>
>	District Tournament	December 12 <sup>th</sup> – December 19 <sup>th</sup>
>	Championship Games	Monday, December 19 <sup>th</sup>
	Dead Week	lanuary 2 <sup>nd</sup> – January 6 <sup>th</sup>

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#### BOYS' BASKETBALL /GIRLS' SOCCER /GIRLS'TENNIS

#### (SECOND SEASON OF SPORT TOURNAMENT SCHEDULE)

#### DECEMBER 12, 2022 - DECEMBER 19, 2022

MON DECEMBER 12	TUES DECEMBER 13	WED DECEMBER 14	THURS DECEMBER 15	FRI DECEMBER 16
WLKR= BYE	BALL= BYE	OX = BYE	BRK= BYE	SOU= BYE
DALE (H) VS SYC	BRK (H) VS OX	DALE (H) VS OV	SOU (H) VS OX	LEX (H) VS DALE
OV (H) VS LEX	SOU (H) VS WLKR	SYC (H) VS LEX	WIND (II) VC DALI	SVS (U) VS OV
BRK (H) VS SOU		WLKR (H) VS BRK	WLKR (H) VS BALL	SYC (H) VS OV
OX (H) VS BALL		. ,		BALL (H) VS BRK
		BALL (H) VS SOU		OX (H) VS WLKR

#### **MON DECEMBER 19**

**HOST SITES: OV, DALE, SYC & LEX** 

~CHAMPIONSHIP/2 $^{\rm ND}$  ~

LOCATION: TBA

~ 3<sup>RD</sup> ~

## SEASON #3

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### **BOYS' & GIRLS' CROSS COUNTRY**

	Intramurals BeginMonday, January 9 <sup>th</sup>
>	1 <sup>st</sup> Tri Meet Thursday, February 2 <sup>nd</sup>
>	2 <sup>nd</sup> Tri Meet Thursday, February 9 <sup>th</sup>
>	3 <sup>rd</sup> Tri Meet Thursday, February 16 <sup>th</sup>
>	Cross Country ChampionshipsThursday February 23 <sup>rd</sup>
	@ Brookhurst Park with a start time of 2:30nm

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#### **BOYS' AND GIRLS' CROSS COUNTRY**

#### (THIRD SEASON OF SPORT TOURNAMENT SCHEDULE)

#### FEBRUARY 2, 2023 - FEBRUARY 23, 2023

THURS FEBRUARY 2	THURS FEBRUARY 9	THURS FEBRUARY 16
BALL (H)	BRK (H)	DALE (H)
OV	WLKR	SYC
DALE	LEX	BALL
WLKR (H)	SYC (H)	SOU (H)
SOUTH	BALL	OV
BRK	OX	WLKR
		LEX (H)
		BRK
OX (H)	OV (H)	OX
LEX	DALE	SX.
SYC	SOUTH	

#### **THURS FEBRUARY 23**

DISTRICT CROSS COUNTRY FINALS

@ BROOKHURST PARK

1:15 BUS PICK-UP

FIRST RACE BEGINS @ 2:30PM

(No Soccer or BB practice to be held today)

### SEASON #3

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### **BOYS' SOCCER & GIRLS' BASKETBALL**

	Intramurals Begin Monday, January 9 <sup>th</sup>
	Intramurals End Friday, February 10 <sup>th</sup>
	Tournament PracticeFebruary 14 <sup>th</sup> – February 21 <sup>s</sup>
>	District TournamentFebruary 22 <sup>nd</sup> - March 3 <sup>rd</sup>
>	Championship GamesFriday, March 3 <sup>trd</sup>
>	Dead WeekMarch 6 <sup>th</sup> - March 10 <sup>th</sup>

\*\*NO PRACTICE on Thursday, February 23rd. All coaches are to assist at the District Cross Country Finals @ Brookhurst Park. The first race begins promptly at 2:30pm.

#### BOYS' SOCCER/GIRLS' BASKETBALL/BOY'S/GIRLS' CROSS COUNTRY

#### (THIRD SEASON OF SPORT TOURNAMENT SCHEDULE)

#### FEBRUARY 22, 2023 - MARCH 3, 2023

WED FEBRUARY 22	FRI FEBRUARY 24	<b>MON FEBRUARY 27</b>	<b>TUES FEBRUARY 28</b>	WED MARCH 1
SYC= BYE	LEX = BYE	DALE = BYE	BALL = BYE	OV= BYE
BALL (H) VS OV	BALL (H) VS DALE	CAC (FI) AC BYTT	OV (H) VS DALE	LEX (H) VS BALL
DALE (H) VS LEX	OV (H) VS SYC	SYC (H) VS BALL	SYC (H) VS LEX	DALE (H) VS SYC
BRK (H) VS OX		LEX (H) VS OV		SOU (H) VS BRK
WLKR (H) VS SOUTH		BRK (H) VS WLKR		OX (H) VS WLKR
		OX (H) VS SOU		

## FRI MARCH 3 HOST SITES: BRK, OX, SOUTH & WALKER

~CHAMPIONSHIP/2<sup>ND</sup>~

LOCATION: TBA

~3<sup>RD</sup>~

### SEASON #4

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### **GIRLS' & BOYS' TRACK**

	Intramurals BeginMonday, March 13 <sup>th</sup>
>	1 <sup>st</sup> Track Meet Thursday, April 13 <sup>th</sup>
>	2 <sup>nd</sup> Track Meet Thursday, April 20 <sup>th</sup>
>	3 <sup>rd</sup> Track Meet Wednesday, April 26 <sup>th</sup>
>	Track Seed Meeting Thursday, April 27 <sup>th</sup>
>	District Track Finals Thursday, May 4 <sup>th</sup> @ Handel Stadium
	Athlete bus pick up scheduled for 12:30pm. All Field Events will start promptly at 1:30pm and Running Events start promptly at 2:30pm.

Superintendent's Scholar/Athlete Awards Night: Monday, May 15, 2023 @ 5:00 pm

#### BOYS' AND GIRLS' TRACK

#### (FOURTH SEASON OF SPORT TOURNAMENT SCHEDULE)

APRIL 13, 2023 - May 4, 2023

THURS APRIL 13	THURS APRIL 20	WEDNESDAY APRIL 26
BALL (H)	BRK (H)	DALE (H)
DALE	WLKR	BALL
OV	LEX	SYC
WALKER (H)	SYC (H)	SOU (H)
SOUTH	BALL	OV
BRK	OX	WLKR
OX ( <b>H*</b> )	OV (H)	LEX(H)
SYC	DALE	BRK
LEX **Meet @LEX but OX acting as HOST.	SOUTH	OX

#### **TRACK SEED MEETING:**

Thursday, April 2 h

#### **THURS MAY 4**

DISTRICT TRACK FINALS

@HANDEL STADIUM

1:30PM FIELD EVENTS START TIME

2:30PM RUNNING EVENTS START TIME

(No VB or SB practice to be held today)

### SEASON #4

All District Tournament activities will start at 3:00 p.m. or by mutual agreement.

#### **BOYS' VOLLEYBALL & GIRLS' SOFTBALL**

	Intramurals Begin	Monday March 13 <sup>th</sup>
A A	Intramurals End Tournament Practice	Friday, April 21 <sup>S</sup>
	District Tournament	-
>	Championship Games	Tuesdav. Mav 11 <sup>th</sup>

ightharpoonup District Track Finals...... Thursday, May 4<sup>th</sup> @ Handel Stadium

#### No VB or SB PRACTICE on Thursday, May 4th.

All Coaches are to assist at the District Track Finals @ Handel Stadium. All Field Events will start promptly at 1:30pm and Running Events start promptly at 2:30pm.

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#### BOYS' VOLLEYBALL /GIRLS' SOFTBALL /BOY'S/GIRLS'TRACK

#### (FOURTH SEASON OF SPORT TOURNAMENT SCHEDULE)

MAY 2, 2022 - MAY 11, 2023

TUES MAY 2	WED MAY 3	FRI MAY 5	MON MAY 8	TUES MAY 9
BRK= BYE	WLKR = BYE	LEX = BYE	OV = BYE	OX = BYE
SOU (H) VS BALL	OV (H) VS LEX	SOU (H) VS DALE	BRK (H) VS WLKR	SYC (H) VS SOU
DALE (H) VS SYC	OX (H*) VS BRK	BALL (H) VS SYC	OX (H*) VS LEX	BALL (H) VS DALE
OV (H) VS OX	*OX cannot host VB.	BRK (H) VS OV	*OX cannot host VB.	WLKR (H) VS OV
LEX (H) VS WLKR	Both VB & SB to travel	WLKR (H) VS OX	Both VB & SB to	LEX (H) VS BRK
	to BRK w/OX as HOST		travel to BRK w/OX	
			as HOST	

#### FRI MAY 11

**HOST SITES: SOUTH, BALL, SYC & DALE** 

SCHOLAR ATHLETE AWARDS

**NIGHT** 

MONDAY, MAY 1 th @ :00PM

~ CHAMPIONSHIP/2<sup>ND</sup> ~

LOCATION: TBA

~ 3<sup>RD</sup> ~